



**Child Adolescent Mental Health Services (CAMHS) & ISSU 18** (Young People Substance Service) are open and continuing to do our best to ensure that all children and young people get the care they need, by offering virtual appointments via:

**NHS Near Me**




and /or

**Telephone Appointments**



If after speaking to you by NHS Near Me or on the telephone, we agree that you need to be seen face to face, we would then arrange this.

If you have an **Enquiry**, regarding a child or a young person, please call CAMHS on:  **01387 244662** (Monday-Friday) between, 10am-4pm to speak to a Clinician.

Parent/Carers and young people can self refer to CAMHS & ISSU 18, either by calling  **01387 244662** or send an  to: **dg.camhs-mail@nhs.scot**

 Find us on  
**Facebook**  
**@DGCAMHS**

  
**@CAMHSDG**

 **twitter**  
**@CAMHS\_DG\_NHS**